

# Save life with Naloxone

## – a nasal spray that reverses an opioid overdose

### Knowing the signs and symptoms of an opioid overdose

**Unconscious**, no response when you call the person's name or rub the middle of their chest.



**Abnormal breathing**, can be like snoring, grunting or gasping



**Small pupils**, "pinpoint pupils"



**Blue lips and nails**



### Overdose? Do this:

#### 1. Open airway

Lay the person on the back and open the airway by tilting the head and lifting the chin.



#### 2. Call 112

Always get emergency medical help, even if the person wakes up. Naloxone is not a substitute for emergency medical care or CPR\*.



#### 3. Administer Naloxone

Insert the tip of the nozzle into one nostril and give the dose of Naloxone.



Please note!  
Do not test before use.

One nasal spray contains only 1 dose.

#### 4. No breathing?

Give 2 rescue breaths every 10 seconds.



#### 5. No response within 2 minutes?

Administer a second dose.  
Give rescue breaths until emergency medical help arrives.



#### 6. Normal breathing?

Move the person on their side (recovery position).  
Stay with the person until emergency medical help arrives.

